The Parliamentary Standard Allowance came into effect on 1st March 2010 under the Oireachtas (Allowances and Facilities) Regulations, 2010 (SI 84/2010).

Like all other TDs, the amount which I receive has two allowances combined.

- A Travel and Accommodation Allowance, which is based on my distance from Dublin, covers travel within the constituency, to and from Dublin, and accommodation there and replaces the old system under which TDs were paid civil service mileage and overnight allowances for each trip claimed.
- A Public Representation Allowance, for which I chose the fully vouched option, is detailed below and the amount spent below is greater than the allowance. The shortfall was paid from my salary.

2014 PUBLIC REPRESENTATION ALLOWANCE (FULLY VOUCHED)

	2014
Talankana	2066
Telephone	2866
ESB	2692
Ennis Constituency Office Rental	4500
Shannon Constituency Office Rental	3192
Advertising	
Clinics	2903
Room Rental	533
Water Charges	540
Office Expenses	2409

2013 PUBLIC REPRESENTATION ALLOWANCE (FULLY VOUCHED)

Telephone €5,456

ESB **€2,919**

Ennis Constituency Office Rental €4,500

Shannon Constituency Office Rental €5,866

Advertising Clinics €1,352

Room Rental €340

Office Expenses **€1,730**

2012 PUBLIC REPRESENTATION ALLOWANCE (FULLY VOUCHED)

Telephone **€3,363**

ESB **€1,812**

Ennis Constituency Office Rental €4,500

Shannon Constituency Office Rental €7,999

Courier €149

Advertising Clinics €4,906

Mats and Washroom Maintenance €176

Room Hire €792

Staff Training €258.00

Office Maintenance €835

Office Sundries €1270

Oireachtas Broadcasting Unit €25.00

2011 PUBLIC REPRESENTATION ALLOWANCE (FULLY VOUCHED)

Telephone **€4,141.28**

ESB **€926.14**

Ennis Constituency Office Rental €3,750.00

Shannon Constituency Office Rental €7,999.96

Courier **€932.40**

Advertising Clinics €6,253.50

Mats and Washroom Maintenance €264.84

Room Hire **€192.60**

Minibus Hire €280.00

Staff Training €210.00

Office Sundries €339.26

Planning Observation Fees €70.00

Oireachtas Broadcasting Unit €50.00

Photographer €56.75

KILDARE SPORTS PARTNERSHIP – OPERATION TRANSFORMATION WALK

The Kildare Sports Partnership – Operation Transformation Walk held in co-operation with Kildare Road Safety was a great success and attracted a large crowd of enthusiasts who braved a cold but fine brisk morning to engage in some healthy exercise. I would like to compliment the organisers for the great work they are doing in promoting this very important activity by encouraging people in the community to come together and enjoy the social side of it whilst doing something good for their health and welfare. The walk took a 5k route starting at the Aras Cill Dara, moving along the Newbridge Road towards town, then along the Kilcullen road and back around the ring road to the starting point again. A great time was had by all.

Following up on my great interest in sport and football in particular and my continued support for local teams in the community it was a pleasure to attend the Awards Night for Naas United which was held recently in the Osprey Hotel in Naas. It has been a great year for the club winning many competitions and considering that they still do not have permanent home it makes their achievements all the more exceptional. The huge array of awards presented on the night testified to the great success the club had during the year. Among the many achievements were winning the Senior League & Cup Double and the Division 3 League & Cup Double. It was a privilege to be asked to take part in the presentation of the awards and enjoy the hospitality extended by the club, its members and guests.